



2026 Democratic Candidates

Social Media Accounts to Amplify

Let's flip the House and the Senate!

Like – Comment – Share to help amplify their messages to win.

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DNC

Facebook Democratic Party <https://www.facebook.com/democrats>

Instagram thedemocrats <https://www.instagram.com/thedemocrats/>

Twitter/X @TheDemocrats <https://twitter.com/TheDemocrats>

DSCC – Senate Democrats

Facebook <https://www.facebook.com/DSCC>

Instagram @dsc <https://www.instagram.com/dsc/>

Twitter/X @dsc <https://twitter.com/dsc>

DCCC – Congressional Democrats

Facebook <https://www.facebook.com/electdemocrats>

Instagram@dccc <https://www.instagram.com/dccc/>

Twitter/X @dccc <https://twitter.com/dccc>

CA Democratic Party

Facebook @cadems <https://www.facebook.com/cadems>

Instagram @cademocrats <https://www.instagram.com/cademocrats>

Twitter/X @CA_DEM https://twitter.com/CA_DEM

Bluesky <https://bsky.app/profile/cademocrats.bsky.social>

Democrats of Napa Valley

Facebook <https://www.facebook.com/groups/NapaCountyDemocrats/>

Instagram <https://www.instagram.com/napavalleydems/>

Twitter/X <https://twitter.com/demsnapa?s=21>

Bluesky <https://bsky.app/profile/napavalleydems.bsky.social>

Target US Senate

AK TBD 8/18/26 Primary

GA Jon Ossoff

Facebook <https://www.facebook.com/ionossoff/>

Instagram @jonossof <https://www.instagram.com/ionossoff/>

X @ossoff <https://x.com/ossoff>

Bluesky @ossoff <https://bsky.app/profile/ossoff.bsky.social>

YouTube @SenJonOssoff <https://www.youtube.com/channel/UCVCG2sRHEP6VW2Ao9LEcDPw>

IA Josh Turek

Facebook @turek4iowa <https://www.facebook.com/Turek4Iowa>

Instagram @turek4iowa <https://www.instagram.com/joshturek4iowa>

X @turek4iowa <https://x.com/Turek4Iowa>

TikTok @turek4iowa

Bluesky @turek4iowa <https://bsky.app/profile/joshturek4iowa.bsky.social>

YouTube @turek4iowa <https://www.youtube.com/@JoshTurek4Iowa>

ME Troy Jackson

Facebook @jacksonformaine <https://www.facebook.com/TroyJacksonmaine>

Instagram @troyjackson207 <https://www.instagram.com/troyjackson207>

X @troyjackson207 <https://x.com/troyjackson207>

YouTube @TroyJacksonForMaine <https://www.youtube.com/@troyjacksonformaine>

MI Abdul El-Sayed

Facebook @abduforsenate <https://www.facebook.com/DrAbdulElSayed/>

Instagram @abdulelsayed <https://www.instagram.com/abdulelsayed>

X @AbdulElSayed <https://x.com/AbdulElSayed>

TikTok @abduforsenatee.com

Bluesky @abdulelsayed <https://bsky.app/profile/abdulelsayed.bsky.social>

YouTube @abdulelsayed <https://www.youtube.com/c/abdulelsayed>

MN Peggy Flanagan

Facebook @peggyflanaganMN <https://www.facebook.com/peggyflanaganMN/>

Instagram @peggyflanagan <https://www.instagram.com/peggyflanagan>

Threads @peggyflanagan.com <https://www.threads.com/@peggyflanagan>

Bluesky @peggyflanagan <https://bsky.app/profile/peggyflanagan.bsky.social>

NC Roy Cooper

Facebook @roycoopernc <https://www.facebook.com/roycoopernc>

Instagram @roycoopernc <https://www.instagram.com/roycoopernc>

X @roycoopernc <https://x.com/roycoopernc>

TikTok @roycoopernc

Bluesky @roycoopernc <https://bsky.app/profile/roycoopernc.bsky.social>

NH TBD 9/8/26 Primary

OH Sherrod Brown

Facebook @sherrodbrown <https://www.facebook.com/sherrod>

Instagram @sherrod <https://www.instagram.com/sherrod/>

X @sherrodbrown <https://x.com/sherrodbrown>
TikTok @sherrodbrown

TX James Talarico

Facebook @jamestalarico <https://www.facebook.com/JamesTalaricoTX>
Instagram @jamestalarico <https://www.instagram.com/jamestalarico>
X @jamestalarico <https://x.com/jamestalarico>
TikTok @jamestalarico
YouTube @jamestalarico <https://www.youtube.com/@JamesTalaricoTX>

Target California Congressional Districts

CD1 Mike McGuire

Facebook @SenatorMikeMcGuire <https://www.facebook.com/SenatorMikeMcGuire>
Instagram @mcquireforCA <https://www.instagram.com/mcquireforca/>
X @ilike_mike https://x.com/ilike_mike

CD4 Mike Thompson

Facebook <https://www.facebook.com/RepMikeThompson>
Instagram @mikethompson4congress <https://www.instagram.com/mikethompson4congress/>
Twitter/X @RepThompson <https://twitter.com/RepThompson>

CD6 Richard Pan

Facebook @drpanforcongress <https://www.facebook.com/RichardPanMD>
Instagram @drpanmd <https://www.instagram.com/DrPanMD>
X @DrPanMD <https://x.com/DrPanMD>
Bluesky @DrPanMD <https://bsky.app/profile/drpanmd.bsky.social>

CD13 Adam Gray*

Facebook @adamgrayforcongress <https://www.facebook.com/AdamGrayForCongress>
Instagram @adamgrayca <https://www.instagram.com/adamgrayca>
X @AdamGrayCA <https://x.com/AdamGrayCA>

CD21 Jim Costa

Facebook @CostaForCongress <https://www.facebook.com/CostaForCongress/>
Instagram @repjimcosta <https://www.instagram.com/repjimcosta/?hl=en>
X @RepJimCosta <https://x.com/RepJimCosta>

CA22 Randy Villegas

Facebook @villegasforcongress <https://www.facebook.com/VillegasforCongress>
Instagram @villegasforcongress <https://www.instagram.com/villegasforcongress>
X @villegasforcongress https://x.com/Villegas_CA22
TikTok @villegasforcongress
Bluesky @villegas4congress <https://bsky.app/profile/villegas4congress.bsky.social>

CD45 Derek Tran*

Facebook @derektranforcongress <https://www.facebook.com/derektranforcongress>
Instagram @derektranca <https://www.instagram.com/derektranca>
X @DerekTranCA45 <https://x.com/DerekTranCA45>

TikTok @derektranca45

Bluesky @derektran <https://bsky.app/profile/derektran.bsky.social>

YouTube @DerekTranCA <https://www.youtube.com/@DerekTranCA>

CA48 Marni Von Wilpert

Facebook @marniforcongress <https://www.facebook.com/marniforcongress>

Instagram @marnivonwilpert https://www.instagram.com/marni_von_wilpert/

X @marnivonwilpert <https://x.com/marnivonwilpert>

BlueSky @marnivonwilpert <https://bsky.app/profile/marnivonwilpert.bsky.social>

YouTube @marnivonwilpert <https://www.youtube.com/@MarnivonWilpertforCongress>

STATE OFFICES

Governor – Xavier Becerra

Instagram @becerraforgovernor <https://www.instagram.com/becerraforgovernor>

X @XavierBecerra <https://x.com/XavierBecerra>

TikTok @becerraforgovernor

Lt. Governor – Fiona Ma

Facebook <https://www.facebook.com/CA.FionaMa>

Instagram @fionamacpa <https://www.instagram.com/fionamacpa/>

X @fionama <https://www.instagram.com/fionamacpa/>

Bluesky @fionamacpa <https://bsky.app/profile/fionamacpa.bsky.social>

Secretary of State Dr. Shirley Weber

Facebook @drshirleyweber <https://www.facebook.com/ShirleyWeber4SOS>

X @DrWeber4CA <https://x.com/drweber4ca>

Controller Malia Cohen

Facebook <https://www.facebook.com/MaliaCohen>

Instagram @malia.cohen <https://www.instagram.com/malia.cohen>

X @MaliaCohen <https://x.com/maliacohen>

Treasurer Eleni Kounalakis

Facebook @eleniforca <https://x.com/maliacohen>

Instagram @eleniforca <https://www.instagram.com/eleniforca>

X @EleniForCA <https://x.com/EleniForCA>

Attorney General Rob Bonta

Facebook @robbonta www.facebook.com/RobBonta

Instagram @robbonta <https://www.instagram.com/robbonta>

X @robbonta <https://x.com/robbonta>

YouTube @RobBontaCA <https://www.youtube.com/@RobBontaCA>

Superintendent of Public Instruction Richard Barrera

Website <https://www.barreraforedu.com/>

Board of Equalization District 2 Sally Leiber

Facebook @CAVoteSally <https://www.facebook.com/CAVoteSally>

Instagram @sally.leiber <https://www.instagram.com/sally.leiber>

X @sallyleiber.org <https://x.com/sallyleiber>